# CURRICULUM VITAE, abbreviate

# Dalinda B. Reese, MD (USA), MTS, MA dalinda@dalindareese.com

## **Summary:**

Dalinda Reese retired from medicine in 2019 to refocus her energies and complete a Masters in Spiritual Care and Psychotherapy. She is a lifelong learner and passionate about integrating knowledge, wisdom, and values into living a whole and meaning-filled life. As a fellow traveler on the journey of life, she delights in shared exploration and discovery of the beauty, diversity, and interconnectedness of life. Although years of training and practice as a physician undoubtedly inform her thinking, Dalinda's views do not represent the views of medicine and her current work is non-medical in nature.

#### Work:

2012 – 2019: Integrative, Holistic physician at Bio Energy Medical Center, Ann Arbor, MI

2011 – 2018: Forgiveness and Resilience Workshop facilitator – multiple locations

2010 – 2012: Spiritual Direction, Waterloo, ON

2009 – 2012: Wellness consultant, Waterloo, ON

1984 – 2006: Anesthesiologist, Richmond, VA

## **Education:**

2021: MA in Spiritual Care and Psychotherapy, Martin Luther University College, Waterloo, ON

2008: Masters in Theological Studies, Grebel College, University of Waterloo, ON

1981: Medical Doctor, University of Michigan, Ann Arbor, MI

#### Research:

2011 – 2014: Research in Forgiveness Training in an Elderly Population, Research Institute for Aging, University of Waterloo, ON

## **Publication:**

December 2015 Crazy Wisdom Journal – "Sustainable Health: 'Life's Not Fair!' – Forgiveness and Well-being."

http://www.crazywisdomjournal.com/featuredstories/2015/12/31/sustainable-health-lifes-not-fair-forgiveness-and-well-being

## **Certification and Training:**

2015: Institute of Functional Medicine certification, Institute of Functional Medicine, WA

2011: Forgiveness Training, Forgive for Good Center for Forgiveness Education, NJ

2008 – 2010: Lev Shomea Spiritual Direction Training, Institute for Jewish Spirituality

2010: American Board of Integrative and Holistic Medicine certification

2008 - 2009: Fellowship Program in Integrative Medicine, University of Arizona, AZ

1984 – 1986: Residency in Anesthesiology, MCV/ VCU, Richmond, VA

1981 – 1984: Residency in Internal Medicine, MCV/VCU, Richmond, VA